



## Walking to Listen Author Andrew Forsthoeffel Speaks at School Meeting



Andrew Forsthoeffel is the author of the memoir *Walking to Listen: 4,000 Miles Across America, One Story at a Time*, this year's all-School summer reading. Courtesy of The Lawrenceville School

**CHRISTINE CHENG '21**  
STAFF WRITER

Andrew Forsthoeffel, the author of this year's all-school reading *Walking to Listen: 4,000 Miles Across America, One Story at a Time*, addressed the Lawrenceville community last Thursday at school meeting. His memoir recounts the people he encountered and difficulties he experienced on his 11-month journey, in which he traveled 4,000 miles across the U.S. with the goal of listening to others' stories.

Forsthoeffel acknowledged the presence of listening within the School's culture, specifically through the Harkness teaching method. He also explained the concept of "trustworthy listening" within the student body, which Forsthoeffel defined as "listening from the heart, both to and for the other person."

"Trustworthy listening is listening to understand, listening as if somebody matters... You're not listening for a rebuttal... You're listening to understand who that human being is and what they lived that made them that way."

After candidly asking students to raise their hands if they had not read the book, Forsthoeffel shared an anecdote from his memoir on his engaging in trustworthy listening with a man from New Orleans. Although originally hostile towards Forsthoeffel, the man eventually invited him into his home for a beer. He then immediately opened up to Forsthoeffel "as

if he had been waiting all along for someone that actually cared to listen to what he had to say."

As the man shared stories about racism and intolerance, he slipped in a detail that changed the way in which Forsthoeffel viewed him: His son had passed away.

"In that moment, he showed me some of that humanity that you wouldn't show anyone you didn't trust. It didn't excuse or justify any of his insanity or delusion or racism, but... the chain reaction of hatred I had been feeling the whole time stopped in me during that moment," Forsthoeffel said.

After emphasizing that trustworthy listening can allow for "transformation... both of your own identity and of your thoughts," Forsthoeffel concluded his speech with a question-and-answer session.

Many students seemed to dislike Forsthoeffel's methods of teaching and sharing during this question-and-answer period: On Forsthoeffel's responses to questions ranging from privilege to vulnerability, Stephanie Owusu '20 said, "It would've been more beneficial to hear Forsthoeffel talk about his concept of listening rather than [his] turning the question on [students], especially in such a large setting."

Similarly, Abby Sieler '21 said, "Every time someone asked him a question, he would say, 'well, tell me your story.' And I didn't want to hear that—I wanted to hear his thoughts, his story. That was supposed to be the

whole reason he came."

Sieler added, "I personally think we should have a speaker who's giving us another perspective instead of the same one I've been told at Lawrenceville for the past three years. I didn't read the book, but I still would've liked to hear someone at school meeting with a different opinion."

The night before his speech, interested members of the Lawrenceville community joined Forsthoeffel and his colleague Pete McLean in the Bunn Library to launch Lawrenceville Listens, a "school-wide initiative to learn and practice radical listening," according to Forsthoeffel. Based on the concept of StoryCorps, an American nonprofit organization that shares the stories of a diverse group of Americans, the newly-created Lawrenceville Listens project strives to record the Lawrenceville stories throughout the year.

Students seemed to have had an overall positive experience during the Lawrenceville Listens event, unlike the school meeting session. Reflecting on Lawrenceville Listens, Evelyn Dugan '21 said, "[Forsthoeffel] was really easy to talk to, and his message of listening is very important... While we do practice the Harkness method of learning, listening spans far outside the classroom. We should all listen empathically, learn how to let people talk, and how to open up to people, rather than forcing things out of them."

## Prep for Prep Boarding Students Visit the School

**TIFFANY YEUNG '22**  
STAFF WRITER

Last Thursday, Lawrenceville II Formers served as hosts for 28 visitors from the Prep for Prep program. All of the visitors are currently eighth graders from the various boroughs of New York and are enrolled in the Prep 9 boarding school program. This component of Prep for Prep prepares students who are looking to apply to independent boarding schools for high school.

According to its website, "Prep for Prep is a leadership development and gifted education program founded in 1978 by Gary Simons, a public-school teacher in the Bronx." Visitors attended all of their hosts' classes and also listened to Andrew Forsthoeffel's speech during school meeting.

The students spent this past summer at Lawrenceville, taking rigorous English classes and Secondary School Admission Test (SSAT) preparation classes to gear up for the upcoming admissions cycle.

Assistant Dean of Admission and Assistant Director of Multicultural Affairs for Campus Life Felicia Aikens said that annually hosting visitors from the Prep for Prep program, specifically the Prep 9 boarding students, is important to Lawrenceville because "it's the partnership the School has really valued since this organization has been in existence. Historically, we've had students every year from this program come to Lawrenceville, and they have been really successful community members."

Maddie Rygh '23 and Sally Lee '23 co-hosted a Prep 9 student. Given that they are both II Formers, Rygh acknowledged that,

"Even though we are both fairly new to Lawrenceville, we live here, so I think that has helped us to get to know the campus so much already... It was really fun hosting her."

Lee added that she enjoyed being a host because she could share her "unique perspective and thoughts as a [II Former]."

"It was nice to invite them into our community and show them how it is really like here in Lawrenceville," Lee said.

Rygh and Lee also noted that the highlight of their day was a Harkness discussion in their Humanities English class. On the visitors' participation in the Harkness discussion, Lee said that they "were naturally invited in. It was nice to listen to their perspective on the class." She added that their Harkness discussion was representative of Lawrenceville's culture, where "everyone can be themselves and truly show who they are [and] express themselves in many different ways."

Heaven Hicks '23, who also hosted a student, stressed the importance of the other 'H' of Lawrenceville: House. Hicks said, "Even though I am a [II Former], I still think that being in a House is what makes being at Lawrenceville easier because you have friends to share your burdens with. I wanted to make sure [the student] knew that she wouldn't be pushed into Lawrenceville without a support system."

The students will visit about five independent schools, and typically about 10 to 15 students will apply to Lawrenceville. This upcoming January, Aikens will return to New York to conduct interviews with those students who visited this past Thursday and decided to apply to Lawrenceville.



Lawrenceville students hosted prospective incoming II Formers from Prep for Prep. Courtesy of The Lawrenceville School

### Lackluster Discussions and Repetitive Phrases

Helen Liu '22 discusses how summer reading misses the mark of promoting school-wide discussion.

Page 3



### Harkness Travel Trips

Alex Stach '20, Connor Kilgallon '22, and Guy Ferrera '21 reflect on Harkness Travel Trips to Japan, Austria and Germany, and England, respectively.

Page 5



### NHL 2019 Storylines

Ethan Markel '21 describes how a hectic off season has reshaped the outlook of the league for the season.

Page 7





THE LAWRENCE

Class of 1968 Fund in Honor of Edward A. Robbins '68 '69 '71 - Nicholas G. Ifft '44 Fund  
- The Princeton Packet Fund (Denise L. and James B. Kilgore '66) - Michael S. Chae '86

Jefferey Cai  
Editor-in-Chief

Shriya Annamaneni  
Managing Editor

Anika Bagaria  
News Editor

Aileen Cui  
Eric Zhu  
Opinions Editors

Gabriel Gaw  
Eric Morais  
Sports Editors

Parrish Albahary  
Arts Editor

Shreya Kumar  
Features Editor

Avigna Ramachandran  
Copy Editor

Jasmine Zhang  
Copy Editor

Areeq Hasan  
Web Editor

Divya Sammeta  
Photo Editor

Jeffrey Tao  
Graphics Editor

Deven Kinney  
Associate Editor

Faculty Advisors

Mr. David Figueroa-Ortiz P'18

Dr. Marta Napiorkowska P'19

The Lawrence, the weekly newspaper of The Lawrenceville School, is published during the school year except for the periods of Thanksgiving, winter, and spring breaks, by the students of The Lawrenceville School, 2500 Main Street, Lawrenceville, New Jersey 08648, with offices in room 027 of Father's Building.

Typesetting and layout is by the students of The Lawrenceville School. Printing is by Epoch Press, Inc. Opinions expressed on the Opinions pages do not necessarily reflect the opinion of The Lawrenceville School or The Lawrence. The Lawrence reserves the right to edit letters to the editor and opinions.

Readers interested in subscribing to The Lawrence should contact the Editor-in-Chief at jcai20@lawrenceville.org. Letters to the editor should be mailed to the address above with C/O David Figueroa-Ortiz or emailed to lvllawrence@gmail.com. The Lawrence may be accessed online at www.thelawrence.org.

CORRECTIONS

Readers who notice errors should contact the Managing Editor at sannamaneni20@lawrenceville.org.

# 49 Days Until Thanksgiving Break

## When is Enough Enough?

### President Trump's Actions Call to Question the Integrity of our Democracy

LUCIA WETHERILL '21  
STAFF WRITER

After all of Trump's scandals—Russian collusion, hush money payments, misuse of taxpayer dollars, and sexual assault allegations—one phone call may be the one that leads to impeachment. President Trump's July 25 call with Ukrainian President Volodymyr Zelensky concerned a U.S. intelligence advisor so much that he raised a formal complaint with his superior, now known as the Whistle-Blower complaint. The advisor stated that President Trump used his status as the president of the United States to pressure President Zelensky to look into former Vice President Biden's dealings with Ukraine. In other words, if

The timing of the call was key: It came just days after Trump decided to withhold military aid to Ukraine. Ukraine heavily relies on U.S. aid to defend itself against Russia, and as a result, by withholding aid and asking Zelensky to dig up dirt on Joe Biden, Trump effectively threatened Ukraine. Although the threat was never officially verbalized, Trump made his request eight times during the call and mentioned several times that "The United States has been very very good to Ukraine." Trump's language reveals

edly increase his chances of reelection. Yet the president of the United States should never use his power and influence to pressure others, especially foreign leaders, to find information about political opponents for him. If the president seeks information from foreign leaders, it should fall within national interests and be related to international relations.

Yes, leaders threaten, bargain, and negotiate all the time,

tion helped Trump win the presidency. Just days ago, it came out that Trump told two top Russian officials in 2017 that he was "unconcerned" about Moscow's interference in the 2016 election, since the United States "did the same in other countries." It is alarming that

the president of the United States is not

Through one phone call, we learned that President Trump has abused his power and prioritized his personal interests over ones of national importance. Not only is it completely unacceptable for the president to practically threaten foreign leaders for personal

*This is not only a scandal marring his own presidency, but if allowed to continue, Trump sets a precedent that jeopardizes the state of all future democratic processes.*

gain, but it is alarming that he has no qualms about allowing other countries to interfere with presidential elections. He used his position to ask that President Zelensky investigate a political opponent. He invited a foreign country to interfere with American elections. He politicized U.S. relations with Ukraine, a foreign ally. Whether he will be impeached and removed from office is still up for debate—there will be an extensive investigation, followed by a House vote on articles of impeachment. Should 51 percent of the House support impeachment, a trial will be held in the Senate, where 67 votes will be required to convict and remove Trump. from office The Senate is currently controlled by the Republicans, making removal from office highly unlikely. When asking whether he should be impeached and removed, however, the answer is clear: Yes.

*Trump used the power of his office for personal political gain and utterly abused the power given to him by the American people which gave House Speaker Nancy Pelosi a reason to begin impeachment proceedings.*

an underlying threat: Dig up dirt on Joe Biden, or the United States will stop military aid to Ukraine. Trump used the power of his office for personal political gain and utterly abused the power given to him by the American people which gave House Speaker Nancy Pelosi a reason to begin impeachment proceedings. Biden remains one of the frontrunners in the large group of Democratic candidates itching to take on Trump. Many believe that he is the most likely candidate to win against Trump. If Trump were able to dig up dirt to use against Biden during the presidential election, it would undoubt-



Summer Qureshi '22/THE LAWRENCE but the distinction is that leaders do so in the country's interest. Using the power of a role given to him by the people, Trump is using U.S. resources to increase his own personal chances for reelection, completely abusing the power given to him by the American people.

The incident is doubly problematic because it invites another foreign country to meddle in the U.S. election. Trump came under fire last year because of allegations of Russian collusion. In 2016, Russian interference in the elec-

ference in American elections. Not only is he undisturbed by past interference, but President Trump also seems to welcome future foreign interference. By demanding that President Zelensky find information that could affect the outcome of the 2020 election, Trump explicitly undermined the integrity of U.S. elections. Trump is not only tolerating foreign interference in the elections: He's inviting it. This is not only a scandal marring his own presidency, but if allowed to continue, Trump sets a precedent that jeopardizes the state of all future democratic processes.

Many of the founders of United States preached equality yet enslaved thousands and saw women as lesser to men. Television shows airing in the late 1900s that were cult classics then—*Friends*, *That 70s Show*, and *Looney Tunes*—still remain popular among younger generations, but can now be viewed as controversial due to politically incorrect, racist, and homophobic scenes. Traditions at Lawrenceville that were once commonplace such as initiation rituals and a "Missing in Action" page in Olla Pod have been criticized and eliminated. We congratulate ourselves for moving on from the more backward days of our ancestors, but

*We congratulate ourselves for moving on from the more backward days of our ancestors, but this feeling of progress can be an illusion.*

this feeling of progress can be an illusion. Yes, the world may be better than it was fifty years ago, but this is more so due to natural progress that comes with time and the changing of moral standards rather than our generation being innately better.

We like to think of ourselves as ethical, productive, and decent people. What is good, right or acceptable in society changes. It is easy to

be self-congratulatory about how much less prejudiced we are than past generations and deplore them for their persistently linear thinking, but this form of hindsight can become a way of unjustly transferring our current moral standards, to which no past culture even had a semblance of, to past misgivings.

Our founders are too targeted by this reviewed morality. People today judge them because of racism, discrimination, and hypocrisy, and because of these alleged faults, the value of their accomplishments is diminished. However, it is only because of the society that they created that we now have the luxury to look back and judge the contradictions of their imperfect character. The application of today's moral standards to these individuals is unfair because they didn't have the same standards of equality and multiculturalism as we do today. While it may be a noble effort to condemn the crimes of our past, we must realize that these actions were the norm of their society and environment.

At Lawrenceville, hazing or team initiations have been eliminated because of the negative impacts it had on students. While several of these events were seen as funny and had the intention of welcoming new students into the fold of the team, people viewed them as extensions of bullying. The elimination of haz-

ing, though more recent than the supposed crimes of historical figures, represents a change in views.

Ultimately, it is unfair of us to apply current practices to the past because the idea of morality, a concept that changes over time, is not transferable. What we may consider

*Ultimately, it is unfair of us to apply current practices to the past because the idea of morality, a concept that changes over time, is not transferable.*

ill-informed and immoral now—racism, homophobia, and sexism—was once the orthodoxy. Morality can undergo complete revolutions in a mere generation, so to criticize a person, who didn't know and couldn't do any better, for their past mistakes is an unfair way of assigning blame. After all, in another fifty years, eating meat and factory farming may be regarded as unethical, overprescription of antibiotics as regretful, the marginalization of LGBTQ+ communities as intolerant, political polarization as foolish, and the high incarceration rates in the United States as immoral.

*This editorial represents the majority view of The Lawrence, Vol CXXXIX*

## Lackluster Discussions and Repetitive Phrases

### *How Mandatory Reading Goes Against the School's Spirit of Independent Learning*

HELEN LIU '22

This past Thursday, Lawrenceville invited author Andrew Forsthoefel to speak to the student body about his memoir, *Walking to Listen*. His speech was one of Lawrenceville's several attempts to bring our all-school summer reading closer to home. However, despite these apparent efforts, discussions remained lackluster and only continued when prompted. Lack of results combined with the School's blind attempts to continue discussion has led to widespread discontent among students, which makes it more than necessary to call into question the overall effectiveness of an assigned summer reading.

The most obvious flaw is the fact that a large portion of students did

*The summer reading goes against Lawrenceville's ideals of independence in learning.*

not fully read *Walking to Listen* or at least didn't do it with the intent of learning. The most many Lawrentians did was skim the first few pages of the book or scroll through an online summary. No real analysis was made and no real takeaways

from Forsthoefel's thoughts. Subsequent Harkness discussions were seen as time-consuming chores to be completed rather than insightful dialogue. Barely anyone spoke during student-led discussion, and when someone did, rarely was it actually meaningful. In some ways, these disingenuous conversations created more harm than good to what an open-minded Harkness discussion is meant to be, embedding into students' subconscious that shallow, "fake" comments are just as valued as deep, insightful ones.

The summer reading goes against Lawrenceville's ideals of independence in learning. There were several reasons why students decided not to read even the bare minimum of the 12 required chapters. For some, it was simply because, well, they didn't read at all.

But even among students that did read books over the summer, *Walking to Listen* was not one of them. Forsthoefel's memoir was by all means a great read, but we all generally gravitate towards our own interests, and for

many, the summer reading was not a topic that interested them. Yet, regardless of personal preferences, we were all required to read the same book. This, ironically, goes against Lawrenceville's own model of "taking initiative." The School teaches leadership, taking your own path, and independence. We

Lawrenceville goes against all of that when assigning the "must-read" book assigned every summer, making the decisions for a form of learning, instead of vice versa. How can we be trained to take initiative when the School initiates choices for us?

Lawrenceville has long taught that learning is meant to come through experience rather than simply others' preaching. However, a mandatory assignment of summer reading seems to detract from this notion. Instead of a constructive Harkness discussion of experiencing our thoughts, we are taught what to think—the exact opposite of what Lawrenceville strives towards. The School choosing what we should read and speak about is, again, something that goes against its own teachings. It creates not a group of independent student thought processes, brought together by genuine interest on a topic, but rather silent rooms, nudged along by equally unenthusiastic teachers.

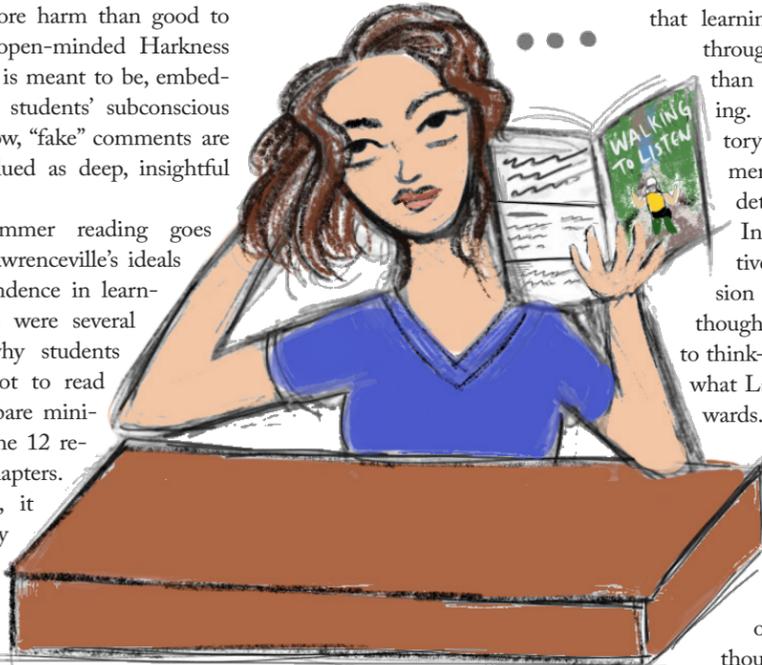
There is no reasonable method of ensuring that all 819 students have read *Walking to Listen*. Un-

less Lawrenceville adopts an authoritarian method of investigating whether or not each student has read in detail the book, there is no other option of assuring that students will get the most out of these discussions. And even if our School

*At the end of the day, whether Lawrenceville decides to change "mandatory" to recommended, or continue with these all school reads, it is ultimately the student's choice.*

begins doling out mandatory book quizzes, there is no guarantee of interest or love in the books we are now forced to read. In fact, what the school needs—genuine investment in the book—is taken away by the fact that it is now numbered and graded.

At the end of the day, whether Lawrenceville decides to change "mandatory" to recommended, or continue with these all school reads, it is ultimately the student's choice. Lawrenceville will never be able to hold everyone accountable, but whether you choose to select a book that piques your interest or not read at all, is completely up to



Rania Shah '23/THE LAWRENCE

choose what classes to take and which clubs to join. Independent studies and various "academic opportunities" are created to explore in depth what we are curious about.

## Reevaluating Physical and Mental Health Days

### *Why a No Homework Monday Would be Better Than Skipping Athletics*

ALISTAIR LAM '23

I vividly remember my heart racing as I scrolled through my Haiku pages during study hall. As a II Former at Lawrenceville, I couldn't help but be overwhelmed by the huge amount of homework assigned. Every student had all class periods on Monday—without a doubt the busiest day of the week in terms of academics—and usually major assignments were due then. The stress from the workload on Mondays may sometimes seem unmanageable.

To counter the stress and allow students to take a break, this past Monday has been designated as a Physical and Mental Health Day. As a result, no athletics were held. Nonethe-

*Athletics are known and proven by research to be crucial to people's physical health, but many may have overlooked the mental health benefits that*

less, one should realize that having designated days of rest is not truly productive. Only when these days are turned into no homework Mondays instead of no athletics Mondays can one genuinely manage

time and stress and ultimately result in the betterment of one's physical and mental health.

First and foremost, skipping athletics is not advantageous to students' health, which therefore goes against the aim of PQL Physical and Mental Health Day. Athletics are known and proven by research to be crucial to people's physical health, but many may have overlooked the mental health benefits that

sports participation brings. Although competitive, sports can foster great relationships between students. Many, including me, have met new friends through athletics. Moreover, athletics can also bring growth in qualities such as perseverance and collaboration (for team sports). These qualities are all vital for our mental health. As one can

see, athletics can boost both the physical and mental health of students. Having no sports on PQL Physical and Mental Health Day totally defeats its purpose.

Furthermore, no homework Monday can lead to better time management, lower stress levels of students, and improve their mental health. No homework

Monday equates to more time for students to participate in

clubs and extracurricular activities, or even just socializing or relaxing. These activities are all contributors to a healthy heart and state of mind. It is evident why there should be no homework on PQL Physical and Mental Health Day.

Despite the fact that no homework Mondays are more effective than no athletics in

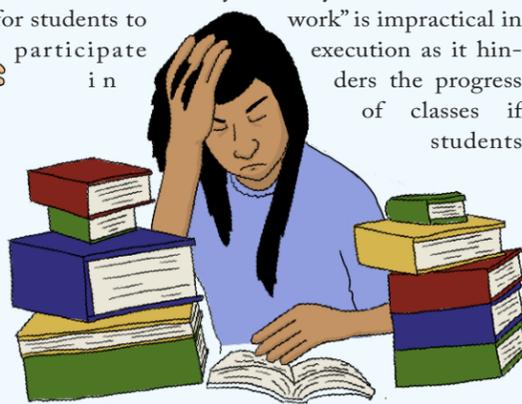
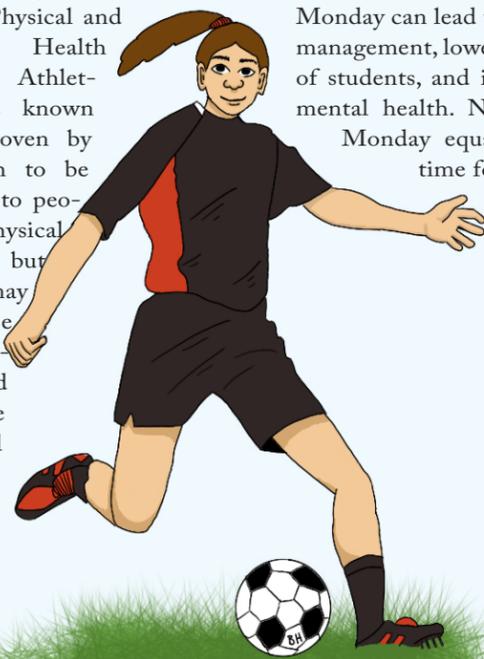
improving students' physical and mental health, some may argue that no athletics can, just like no homework, provide free time for students. However, as no athletics means there is still homework on Monday, students will have to use the free time to do work, instead of actually taking a break when there is no homework. Some may also say that "no homework" is impractical in execution as it hinders the progress of classes if students

significantly reduce the workload. One should also keep in mind that there is homework due Tuesday. After analyzing all these arguments, one can

*No homework Monday equates to more time for students to participate in clubs and extracurricular activities, or even just socializing or relaxing.*

conclude that "no homework Monday" is necessary and better than other alternatives.

In a nutshell, PQL Physical and Mental Health Day should be No Homework Mondays instead of having no athletics. In addition to "no homework," the School can also utilize other ways to promote physical and mental health, such as inviting experts in mental health to Lawrenceville to give talks to the student body. Student-run clubs can also collaborate to hold events and workshops to increase the awareness of "mindfulness," the buzz word in the field of mental health. With these measures in place, I am sure students can more easily benefit from future PQL Physical and Mental Health Days.



Bryan Hernandez'20/THE LAWRENCE

## Floyd Receives Jefferson Scholarship Nomination

ISABELLE LEE '21  
& ASHLEY LEE '21  
STAFF WRITERS

Jax Floyd '20 is this year's nominee for the Jefferson Scholarship, which "serves the University of Virginia by identifying, attracting, and nurturing individuals of extraordinary intellectual range and depth who possess the highest concomitant qualities of leadership, scholarship, and citizenship," according to its website.

A group of college counselors selected Floyd, along with other scholarship nominees, who will continue to work closely with him throughout the rest of the application process.

The undergraduate award intends to cover all four years of the student's studies at the university, with the total value of the scholarship exceeding \$280,000 for non-Virginian students. Moreover, the enrichment curriculum provides scholars with the opportunity to explore leadership skills, foreign travel programs, alumni connections, career counseling, team challenge programs, and public service both within the country and abroad.

On his nomination, Floyd said, "I'm proud and humbled to be considered a good candidate for this scholarship." He hopes to explore and deepen his passion for Developmental Biology research and Classics. Floyd

currently serves as the Diversity Representative of Student Council as well as a prefect in Boys Lower.

His plans for college have been heavily influenced by the work he has devoted himself to at Lawrenceville. Floyd is a Hutchins Scholar and a participant in the Drosophila Research opportunity with Seung Kim Laboratories at Stanford Medical School.

Floyd's overall community contributions have been recognized particularly through his receiving the Marcus D. Memorial French Prize in his II Form year and the Reuben T. Carlson Scholarship as a III Former.

"I would like to use the Jefferson Scholarship as a launching ground to network with Classics professors. The people within this program go on to do incredible things, so just getting to know them would increase my ability to connect with others and hopefully put me on a path to make an influence in the world," Floyd said.

According to Director of College Counseling Jeffrey Durso-Finley, Ed.D. P'13 '14 '19 '22, such scholarships are generally looking for students who demonstrate "academic excellence, community impact on or off campus, present or emerging leadership skills, [and] empathy."

## Paine and Baziuk Nominated for Robertson Scholarship

ISABELLE LEE '21  
& ASHLEY LEE '21  
STAFF WRITERS

Marta Baziuk '20 and Isabel Paine '20 are this year's nominees for the Robertson Scholarship, a program that seeks to create "a community of leaders... striving to make transformational contributions to society," according to its website. The scholarship encourages student collaboration between Duke University and the University of North Carolina at Chapel Hill. As students of both schools, Robertson scholars can take courses and engage in extracurriculars in their sister schools. The summer opportunities are divided into three categories—community, exploration, and launch summers—through which recipients engage in community building and cultural immersion, the expansion and exploration of interests, and an independent project.

While there are not 'typical Robertson scholars,' according to the website, four qualities are demonstrated by the scholars: purposeful leadership, intellectual curiosity, strength of character, and collaborative spirit. The scholarship was founded by Julian H. Robertson and his late wife Josie Robertson in 1996.

On her nomination, Baziuk said, "When I first heard that I was chosen, I was happy, but I was a little lost because all my college plans had changed." On campus, Baziuk serves as a Girls Lower Prefect and a Varsity

Fencing athlete. Her team won Bronze in the Cetrulo and Santelli tournament, the largest high school fencing tournament in the world. She appreciates that "the scholarship allows [her] to work on an independent project [in] freshman year because not many people get to do that, especially in big schools like Duke and the

who have been wrongly convicted of rape and murder. She also assists HomeWorks, a non-profit boarding school for young girls in Trenton. To build on her work at HomeWorks, Paine has started her own community Service program at Lawrenceville, called HomeWorks Active Citizens: Our Community in Context.



Isabel Paine '20 and Marta Baziuk '20 reflected on opportunities created by potentially receiving the scholarship.

Divya Sammeta '20/THE LAWRENCE

University of North Carolina."

On the benefits of the scholarship, Paine said, "I've always been involved in social justice and equity work, and this program would give me the tools to become a leader in that field... The seminars and connections that the scholarship offers will help me understand the world and communities in a more holistic context." Paine currently interns at Centurion Ministries in Princeton, a project that helps victims

The nominees were selected through a three-part process: recommendation from a faculty member, nominations from the college counselors, and final selection based on the expectations of the scholarship programs. As the year progresses, Baziuk, Paine, and other scholarship nominees will work with the college counselors to craft individual applications specific to their scholarship and prepare for the follow-up interviews.

## GSA Highlights Ally Week with Poster

SABRINA YEUNG '22  
STAFF WRITER

Ally Week, a period that emphasizes solidarity with the LGBTQ+ community, took place last week, from September 23 to 27. Because Ally Week occurred earlier this year, the Gender Student Alliance (GSA) club on campus was unable to plan a formal event to commemorate the occasion. However, Alexandra Stach '20, "got the opportunity to build the [Ally Week] board because [she] had access to wood...[and] supplies from working in the musical." She created a poster that read "I Am An Ally," and students signed the poster during meal times in the Irwin Dining Hall.

For Stach, Ally Week is "a chance to bring recognition to allies... It's just a way to celebrate [them] and... bring attention to the LGBTQ+ community." Kylan Tatum '21 said that Ally Week "is about teaching people about the importance of being an ally and how to be a good [one]." He added, "There are people who want to be allies but don't exactly know how. Many people don't fully understand the importance of allies in changing heteronormative culture." Performing Arts



Students sign the "I Am An Ally" poster as a pledge to stand in solidarity with the LGBTQ+ Community

Pashmina Khan '21/THE LAWRENCE

Master Matthew Campbell, the faculty advisor of the GSA, said that being an ally means "to be there...to listen and to support," explaining that "an ally is not 100 percent exclusive to the LGBTQ+ community—it is for all of us; it is for everybody, and the mindset of putting [oneself] as an ally helps [one] to grow as a human, as a person, and helps us grow as a community."

For Tatum, being an ally spe-

cifically means not only supporting the LGBTQ+ community but also actively "challenging intentional or unintentional microaggressions to promote change."

Similarly, Chelsea Wang '21 believes that at Lawrenceville, students can serve as allies by "being conscious of... how their language impacts LGBTQ+ kids and whether their language is inclusive," noting that "the most important thing is calling people

out when there are people saying homophobic things, even if their intention isn't bad."

After seeing the Ally Week board filled with signatures in the span of days, Wang said, "It [made] me realize that there are a lot more silent supporters of LGBTQ+ kids on campus than I had realized."

Reflecting on the significance of the poster, Devan Morey '22 said, "I feel that by doing the physical

act of signing your name, it really solidifies your commitment to [being an ally]—by holding yourself and others accountable to support the LGBTQ+ community in any way possible."

On the question of whether being a faculty member of the LGBTQ+ community at Lawrenceville has changed his experience at the School, Campbell said, "Since I joined the faculty in 2008, I have felt enormous support. There was never a time that I was aware of when there was an issue that was an anti-LGBTQ+ thing... There has never been an instance where I felt excluded or [like] an outsider."

On her experiences as a LGBTQ+ student on campus, Wang said, "Fortunately, it's more rare to encounter more overt homophobia." However, she noted that a lot of homophobia on campus is "relatively subtle."

Tatum said that he "only feel[s] supported because [he's] learned to spend time with people who support [him]."

"However, being in a Circle House where... it is common culture to use 'gay' as a synonym for 'bad' and where any sort of non-heterosexual activity comes with an expression of disgust, it can be difficult sometimes," he said.

## Traveling to the Henley, UK: Lville Racing Against International Crews

### Spending Five Weeks Preparing for The Henley Royal Regatta

GUY FERRERA '21 &  
DAVIS MULLER '20

My heart was pounding. Each beat shattered the silence of the water around us. Staring down the barrel of a whirring camera, a million thoughts raced through my head, but one was louder than all the others. Win. Just four weeks ago, the Lawrenceville Boys Varsity Crew Team was training on Lake Mercer in Princeton, New Jersey, to prepare for the Henley Royal Regatta in England. Now, here I was, having left my friends and family behind for this one race. Each heartbeat counted down the seconds left to the biggest competition of my life. The command came, "Ready... Attention, ROW". The adrenaline that had been building up for the last thirty minutes finally had a release. My feet hit the footboards and I ripped the oar through the water, a natural extension of my

body pushing me forward. The spray of water clouded my vision but it didn't matter—I just had to push. Two minutes in and my legs were on fire; a searing pain rushed through them with each stroke. I had trained for this. I kept pushing.

Four weeks prior, we finished our final preparations on Lake Mercer, drove to the airport, and took a red-eye flight to Manchester. Groggy and spent, the team piled onto a coach bus headed for the Royal Shrewsbury School, where we planned to train for the week. After training at Shrewsbury and doing some competitive short races against Shrewsbury's respective boat, we departed for Henley-on-Thames, where we stayed for the following two weeks.

Getting the opportunity to compete against a British crew gave the Lawrenceville eight boat

a taste of the different racing style the English have and added onto our preparations for Henley. British high school crews at Henley tend to start at a blistering pace until their opponents can't see them and have lost faith. We were not used to this, as our plan was to stay at a strong pace and finish with a fast sprint. Learning this early on helped us, as we knew what to expect and what to do at the beginning of the race.

After a night in Henley, the team headed to Dorney Lake, the rowing center used during the 2012 Olympics, to compete at the Marlow Regatta. After a day of racing, both boats found the competition tough, as we were not only racing against other schools but universities as well. We took our racing experience from Marlow and used it as motivation for our Henley race.

After a week of training on the

Thames, it was time for the four to race in a time trial to earn a bid in their event, the Prince Albert; the eight was already prequalified for their event. The four needed to place top four out of 34 crews in their time trial to qualify. After rowing a strong race, the four fell short in qualifying for their event. Although the four was disappointed to not qualify for the regatta, we were all proud that they had taken on the challenge of qualifying for their selective event with passion and grace.

Crossing the finish line in front of Bryanston near the grandstand with my teammates was an electrifying feeling. Hearing the cheering and clapping from the audience and knowing that friends and family were watching from home made the moment unforgettable. The next day, we were to face Radley College, a favorite to win the event. Lining

up once again the next day, I felt more relaxed, as I had done it before. We fought hard but were unable to produce a strong enough performance to defeat Radley, who knocked us out of the event. Despite the disappointment we had after our loss, we were proud of our result in the event, as we had made history for Lawrenceville.

Being able to race against international crews opened my eyes to the high level of highschool rowing outside of the U.S. The exposure to the unique rowing culture in England broadened our perspective on British rowing. Despite the obstacles that stood in our way along our journey, as a team, we overcame them together with grace. I know that we will take our experience from the trip and use it as motivation for success in the upcoming spring season.



Boys' Varsity Crew Team posing outside their residence in Henley-on-Thames, UK.

Guy Ferrera '21/THE LAWRENCE

## From Keio to Kamakura: Life and Lville in Tokyo, Japan

### 2-Week Keio School Student Exchange Program

ALEX STACH '20

Exactly one day after Spring Term exams ended, Arya Singh '20 and I, armed only with umbrellas and a limited understanding of one of the four Japanese alphabets, boarded a 13-hour flight to Tokyo. By that point in my Japanese studies, I could probably only say hello and goodbye to get myself out of most sticky situations, but I was lacking in pretty much everything else. I was apprehensive to say the least.

When we arrived at the Keio School, located in southern Tokyo, we were taught Japanese by Imanishi-Sensei, an older woman who spoke no English and was surprised to learn that the two of us spoke only English. As I said before, I don't speak Japanese. 日本語がはなせません, Nihon-go ga hanasemasen. Learning a new language from scratch without the crutch of being able to fully communicate with my teacher was certainly a challenge, but we made it work.

Translating from Japanese to English is a terrible experience. It's not just that it's hard—it's unbelievably inaccurate. When I was performing a chanoyu, a tea ceremony, I saw a phrase on the wall which read 一期一会, which, when directly translated to English, means "cherish the present." In



Alex Stach '20 and Arya Singh '20 with their respective host sisters in Asakusa, Japan.

Alex Stach '20/THE LAWRENCE

reality, it metaphorically means "meeting and parting are irregular, so we must cherish the moments we have together because each moment is the only one of its kind. When there comes a moment that we must part, we cherish that too because neither of us know when we'll meet again." Essentially, you miss so much when you try to directly translate from Japanese to English. During my two weeks in Japan, I learned that understanding

takes time, and my only hope was to try and process what I did not know.

If I had not had the opportunity to live in Japan, I would've missed so much; yet, there is still so much that I do not know. For example, I would never have known that one of the most popular stores in Japan is 7-Eleven. Initially, I didn't know what Yuka, my host sister, was talking about when she mentioned the store, because the Japanese

alphabet contains no v's or l's—she pronounced it as 'seben ereben' when she was recounting stories of the best lunch spots in Japan and as a 'conbinis' or convenience store to hit up on the way to school. When taking me to pick up lunch before our first day at school, I was so shocked when we walked into a 7-Eleven. In fact, it wasn't similar to an American 7-Eleven at all—it functioned as both a grocery store and a mini food court. Ultimately,

it became one of the things I miss most about Japan. Perhaps if I had let go of my preconceived expectations for Japan would be like, then I wouldn't have been as shocked.

As I said before, understanding takes time, and I could not even begin to process a whole language or culture within the short amount of time I was exposed to it. Claiming to know anything about Japan would be ridiculous because my limited knowledge can only take me so far. What I will claim, however, is that I met real people and made real friendships on this trip. My host student and I talk every single day, update each other on gossip or school events, and practice really bad hiragana. I use the pencil case she gave me during every class. My photos that decorate my dorm room wall in the Reynolds House now include pictures of her and of our time together. At the end of the day, the most important thing was not how difficult taking classes in a foreign language is, or how difficult it was to live with another family. Rather, it was how much I connected with a complete stranger and what we were able to learn from each other. Thank you Keio University Shonan Fujisawa Campus.

# Profile: the Lawrenceville School Dance Collective

AMELIA ROSELI '21

Director of Dance Derrick Wilder has been the driving force of the Dance Program since its conception 20 years ago. This year, Wilder debuted a new addition to the School's vibrant dance culture: the Lawrenceville School Dance Collective (LSDC).

The LSDC is a new dance company meant to be a space for highly trained dancers to hone their craft. Wilder said, "LSDC was needed to fill the void for [the] high-skilled dancer here at Lawrenceville. We have that for our singers in Lawrentians, and we have that for our musicians in Collegium." It was the dancers themselves that inspired the creation of LSDC. Wilder explained, "It has come about simply because the skill level of the dancers has risen over the years."

Without a dance program specifically catered to elite dancers, Wilder realized that these dancers were, at times, taking the spotlight from the rest of the dance community in performances meant to showcase the talents of all levels of dance, such as the Spring Dance Concert (SDC). Wilder said, "[the inspiration for LSDC] was really looking at where SDC has come [to]... Because the number of highly-skilled dancers has grown, we've almost pushed the community out [of SDC]." SDC from its inception was meant to be a chance for the Lawrenceville community to get involved in dance regardless of skill



Director of Dance and creator of LSDC Derrick Wilder Courtesy of lawrenceville.org

level, but in recent years, Wilder saw it becoming more and more about the more highly-trained dancers. In order to accommodate the widening spectrum of dancers at Lawrenceville, Wilder expanded the dance program.

Wilder envisions LSDC becoming more than just a resource for the highly-skilled dancers at School, but a resource for the community within Lawrenceville. By creating a dance collective run by a professional such as himself, Wilder hopes to provide a model of ideal structure for the student-run dance organizations. Wilder

stated that the purpose of "LSDC is for Nachale and [the] Lawrenceville Dance Team to have a model so they can see what it takes to put together a company." Wilder also wants LSDC to be present in the Lawrenceville community and beyond the gates of the school. Wilder said, "This year we are trying to do one performance outside of school... and lecture demonstrations for local schools." This is an effort to both showcase the dance talent at Lawrenceville to the community outside of the School, but also to bring high quality dance to those who



Courtesy of Derrick Wilder

don't have exposure to it.

By increasing the number of performances, LSDC will also provide valuable experience for the dancers. It can often be difficult to find time in a busy Lawrenceville schedule to practice and rehearse at the level required for elite training. Elaborating on this struggle, LSDC member Evelyn Dugan '21 said, "You can warm up the voice in ten minutes, whereas the body you need an hour." The dancers take classes twice on Wednesday, and members of LSDC take on another hour of rehearsal afterwards for three

nights a week; although Wilder understands the limited time that Lawrentians have so he allows his LSDC dancers to skip their Thursday modern class. This way the dancers can use their earlier classes to warm up their bodies, so they can get straight to dancing during LSDC rehearsal. The dancers are excited for this opportunity to challenge themselves. Yee Xin Cher '22 said, "At home I just did a lot of ballet, I never had a chance to branch out to different dance styles, so I'm excited to try out new styles." Many dancers train intensively only in one style of dance at home, but LSDC offers the opportunity for top notch technical training in newer styles as well. Dance, often viewed by the School as just a sport, is an art that gets very few chances to express itself to the larger community, but LSDC will change that for the elite dancers at Lawrenceville.

The Lawrenceville community can expect a myriad of dance performances from LSDC this year. Wilder is planning a Tuesday Dance Showcase to take place during lunch on Tuesdays, similar to Midday Music. The first Tuesday Dance event will be on October 29 at 12:30 P.M. There will also be full evening recitals to compliment the shorter Tuesday Dance Showcase. The first one will take place November 9 at 7:30 P.M., and the second on January 11 at 7:30 P.M. The Lawrenceville community is encouraged to come out, support their peers, and explore all that dance has to offer!

## The Making of a Musician: Charlie Uffelman '20 Profile

HARRISON ABROMAVAGE '21

Early this September, Charlie Uffelman '20 released his extended play *War n' frost*, on Spotify and Apple Music. The EP, which includes the four tracks "Combat," "Other Side," "Paper Cups," and "My Brother," is the culmination of a summer's worth of songwriting and producing—skills that he has become passionate about over his years at Lawrenceville.

Uffelman's interest in music began during his childhood. Music was always playing in his house, and his parents, particularly his father, would often expose him to new and different styles of music. Uffelman's involvement in the art developed considerably when he began playing the guitar. As he listened to songs on the radio, he would attempt to play them, allowing him to develop his skills and become more musically astute. For the majority of his middle school experience, Uffelman's interest remained constant as he continued to listen to his favorite songs, take lessons, and play in a few groups with peers and friends.

Upon coming to Lawrenceville, Uffelman's passion for songwriting and performance grew. He attributes the progress he made to his peers, stating that the "community is really accepting of musical talent and people demonstrating their passions," as well as his involvement in performing arts on campus. Over the course of his three years at Lawrenceville, Uffelman has participated in, among other things, Jazz Lab Band, the Songwriting Club, the Fall Musical of 2017, and Lar-



Uffelman contemplating lyrics for new music

ries, the co-ed Acapella group. After participating in various performing arts opportunities at Lawrenceville, Uffelman shifted his attention to songwriting and performing. He notes that these experiences helped him recognize his passion for music and strengthened his confidence in the field.

Uffelman also recognizes his involvement in The Disciples, which he joined during his junior year, to be a major step in his development as a musician. Uffelman's time collaborating with other members of the band has helped him find his

own particular style when creating and performing music. "Collaborating with other musicians, I believe, is one of the most important aspects of anyone's musical journey," Uffelman said. "I think The Disciples has taught me to be more understanding of others' musical views and has opened my mind to new possibilities."

As much as his bandmates have taught him about music, Uffelman has also influenced and supported them. He is exceptionally musically talented, providing clean chords, aiding the rest of the group in read-

ing music, and creating inventive melodies from scratch. In addition to his musical contributions, Uffelman brings a calming presence and positive energy to the group. According to lead vocalist Arata Fujii '21, at every practice session, Uffelman's mild temperament "really enhances our playing... whenever a performance is close and everyone's uptight, he's the one who's there to ensure that the pressure doesn't get to us."

In the immediate future, Uffelman plans to continue songwriting and playing with The Disciples, further

building on the skills he's developed throughout his time at Lawrenceville. He hopes to create more music and collaborate with other artists, drawing from their various styles and incorporating them into his own. Finally, in response to a question about how an aspiring musician may involve themselves in songwriting, Uffelman notes that the key to his success is commitment to music. "Write as much music as you can and do it in a way that you really enjoy, and you'll find your own way to create this music and understand yourself."

Quincy Leung '22/THE LAWRENCE

# The Case For a Salary Cap in European Soccer

SHIN OTA '21

On August 27, the English Football League (EFL) expelled Bury Football Club from the English Professional Soccer Divisions, making it the first club to be restricted from the premier tier of English soccer since 1992. The club closed down due to financial mishandling by the owner and the board of the club, ending its 134-year history. The club's financial problems, such as the inability to pay wages and pensions, resulted in its expulsion from the EFL. In the recent decade, the soccer community has seen multiple lower-division teams face similar financial troubles such as Italy's Parma Football Club (F.C.), England's Bolton Wanderers F.C., Scotland's Rangers F.C., and England's Leeds United. These clubs are a part of the immense list of low-tier squads that have faced bankruptcy. Teams in the lower tiers of soccer face the constant danger of such regulations and executive actions from their respective national associations, and a solution must be found to help them compete on a level playing field with the sport's rich, historic clubs.

In 1994, the National Football League (NFL) conjured the hard salary cap, which limited the total amount of wages a team could pay for a team. Since then, a phenomenal "84 percent" of NFL teams have finished with "at least the top six best records" of the competition, and 12 different teams have ended

with the best record in the league since then. On the other hand, out of 20 teams—which change every season due to promotions and relegations—only six clubs out of the 49 that have competed in the Premier League have won. The NFL's limitations on how much each team can spend on its players was a major step towards implementing a level playing field for its teams, which is something that has yet to be replicated in major European soccer leagues.

The commercial side of soccer is a meritocracy where success brings in an abundance of revenue, while struggling teams are not rewarded. Such a system has driven clubs both high and low in European soccer, where commercial goliaths and underdogs have been created. For example, by placing in the top four in the English Premier League, teams qualify for the Union of European Football Associations (UEFA) Champions League and are re-

Furthermore, as a byproduct of success, revenue increases from merchandise and ticket sales. Unlike the National Basketball Association (NBA) or NFL, European Soccer leagues do not have drafts where lower placing teams have a better shot at landing top prospects.

For the purchasing of players, rather

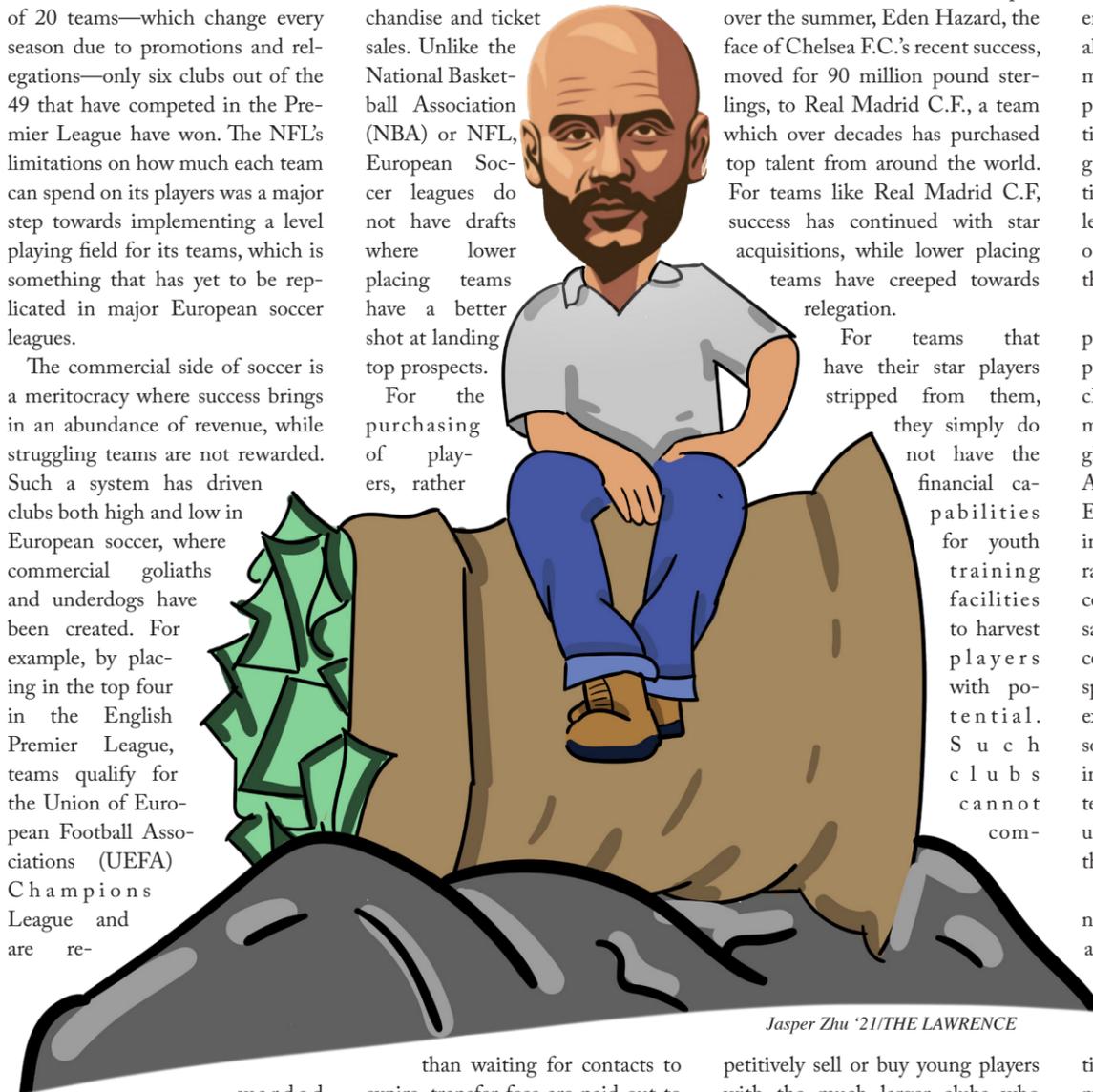
more financial backing are able to create better rosters. For example, over the summer, Eden Hazard, the face of Chelsea F.C.'s recent success, moved for 90 million pound sterling, to Real Madrid C.F., a team which over decades has purchased top talent from around the world. For teams like Real Madrid C.F., success has continued with star acquisitions, while lower placing teams have crept towards relegation.

For teams that have their star players stripped from them, they simply do not have the financial capabilities for youth training facilities to harvest players with potential. Such clubs cannot com-

year. Without salary caps, clubs can acquire players by providing them enormous wages, as they do to global superstars. As clubs become commercially stronger, they can acquire players to compete in their respective leagues. The dominance of mega-clubs in soccer has raised questions about how competitive their leagues are, as the financial failures of the minor clubs have drawn further attention to this issue.

A hard salary cap in soccer would prevent teams from having such power to pull players from other clubs, and poor clubs would have much larger opportunities to achieve glory, just like in the NFL and other American sports. It may be time for European soccer to approach sports in an American way, but it would raise multiple questions in the process. For example, placing a sudden salary cap on current European soccer would send many rich clubs into spirals, as their payroll would greatly exceed the payroll limit. How could soccer's governing bodies gradually implement the salary cap so that teams may adapt? Who would regulate such salary caps? What should the salary limit be set at?

There are many questions that need to be addressed about the salary cap before it is implemented in European soccer. Although it may be unrealistic at the moment, the salary cap could be a solution for soccer leagues to become much more competitive and for lower-tiered teams to have an equal opportunity to achieve glory.



Jasper Zhu '21/THE LAWRENCE

warded with more exposure and additional revenue from broadcasting rights.

than waiting for contracts to expire, transfer fees are paid out to clubs to terminate contracts with their players; as a result, teams with

petitively sell or buy young players with the much larger clubs who have phenomenal talent coming through the youth academies every

## NHL Season Preview: Teams to Look Out For this Year

ETHAN MARKEL '21

It is an exciting time for the National Hockey League (NHL) and its fans as the 2019-2020 season began this past Wednesday. Though it was a summer of endless celebration for the St. Louis Blues, the 2019 Stanley Cup Champion, other teams made impactful transactions during the offseason, which shifted the league's hierarchies and created numerous intriguing storylines for the upcoming campaign.

### Vancouver's Young Talent

Despite a very exciting run in last year's regular season, the Vancouver Canucks concluded their season in April without a playoff berth. However, with their young talent on the rise, it is fair to say that Vancouver is in the works of making deep runs into the postseason in the next couple of years. 20-year-old Elias Pettersen was a sensation last year with his exceptional skill, putting up 66 points in 71 games played. Drafted fifth overall by the Canucks in 2017, Pettersen put up 28 goals and 38 assists in his rookie season of 2018-2019, making him the standout choice for the Calder Trophy, awarded to the most impactful rookie player. Vancouver's other young stars, defenseman Quinn Hughes and forward Brock Boeser, have also had their share of significant contributions to the team's rise. Though having played only a few NHL games, Hughes has shown sparks of great promise as an offensive defenseman, which alongside the ac-



Courtesy of NHL.com

quiring of Tyler Myers as a free agent, will boost Vancouver's defense.

### Tri-State Rebuilds

The New Jersey Devils endured a disappointing 2018-2019 season, finishing 29 out of 31 teams in the regular season. However, the Devils' prospects this year and subsequent years look promising, giving the franchise and its fans hope for the future. Awarded the first overall pick this year, the Devils selected forward Jack Hughes, Quinn Hughes' younger brother, in the 2019 NHL Draft. Praised for his speed and tremendous poise with the puck, Hughes will

play a key role for the Devils going forward. One of the biggest trades this summer involved defenseman Pernell-Karl Sylvester "P.K." Subban being sent to the Devils from the Nashville Predators. Subban is a force to be reckoned with on defense that will provide a much-needed boost to the New Jersey defense. Forward Nico Hischier, the first overall pick by the Devils in 2017, has also risen to stardom after a relatively quiet rookie season two years ago. Forward Taylor Hall, recovering from an injury that kept him out for half the season last year, will also be the leader of a dynamic Devils offense after being the

X-Factor that led the Devils to the playoffs in 2018.

During the 2018-2019 season, the New York Rangers endured a mediocre campaign, finishing with 78 points in the standings. An active offseason has flipped the script for the Rangers though. New York has generated great excitement amongst its fans with the signing of free agent Artemi Panarin from the Columbus Blue Jackets this summer and the drafting of 18-year-old Kaapo Kakko. The Finnish Native made a name for himself playing for team Finland during the 2019 International Ice Hockey Federation's World Juniors, making the decision

between who would be selected first overall in the draft very tight with Jack Hughes. Panarin, nicknamed the NHL's breadman, scored 28 goals and 59 assists last season with the Blue Jackets and has hardly missed any games in his previous four years in the NHL. He is undoubtedly an elite forward that will shake up the Rangers' offense. The Rangers also picked up defenseman Jacob Trouba from the Winnipeg Jets, adding greater depth to their defense.

### The Rest of the League

After years of rebuilding, the Arizona Coyotes are ready to compete now, as the team made a blockbuster move this summer by trading for forward Phil Kessel from the Pittsburgh Penguins. Goaltender Sergei Bobrovsky, regarded as one of the league's best with 2.58 goals-against average last season for Columbus, signed as a free agent with the Florida Panthers, filling in for recently retired Roberto Luongo. Forward Joe Pavelski, former captain of the San Jose Sharks, signed a free agency deal with the Dallas Stars, who in turn lost forward Mats Zuccarello to the Minnesota Wild in free agency. Going into the season, the Vegas Golden Knights are looking to fill in some gaps in their roster with an arsenal of young players that the team owns the rights to after having lost forwards Pierre-Edouard Bellemare to the Colorado Avalanche, trading defenseman Colin Miller to the Buffalo Sabres, and forward Erik Haula to the Carolina Hurricanes.

## Boys and Girls Cross Country Prevails over PDS

SATVIK DASARIRAJU '23

Last Saturday, the Girls and Boys Varsity Cross Country teams competed against its local rival Princeton Day School (PDS). With many turns and different terrains, the course was particularly challenging, but both teams ran strong and performed well.

For the boys, the team's top five runners rested, allowing some younger members to lead the team. Nonetheless, the boys continued their undefeated streak in dual meets by winning 17-44. Orlando Doull '21 won the 5K race with a season-best time of 18:42. Doull said he was pleased with his performance but still motivated to set a personal record (PR) in future races as he was just short of one in this race. He was followed by Thomas Blair '22 and Jack Saad '22, who had times of 19:17 and 19:27, respectively. Harrison Wang '20, who had a season-best



Courtesy of The Lawrenceville School

of 19:53, came in fourth place for Lawrenceville. Closing out the top seven were Sean Scarpa '23 at a second under 20 minutes, Thomas Atkinson '22 with a time of 20:09, and Michael Zhang '21 at 20:40.

Following the victory, Boys Varsity Cross Country Coach Stephen Wallis spoke highly of the boys' progress. "Everyone did a good job running hard despite the warm weather and

has improved since the season started," he said.

On the same day, the Girls Varsity Cross Country team split, with some girls competing at the Six Flags Wild Safari Invitational in Jackson, New Jersey while the rest joined the boys at PDS. Despite the hot and humid conditions at the invitational, the girls ran some of their season-best times. Charlotte Bednar '22

topped the table, putting on an impressive performance as she led the race from start to finish, arriving at the mile mark in just 5:07 and continuing to complete the 5K course in 17:41, only missing the all-time course record by a mere two seconds. With her performance, she now holds the record for the fastest 5K this season in NJ by more than 20 seconds. Allison Haworth '22 came in second among the girls and 7th overall in the race, finishing in under 20 minutes for the first time in her career. Bella Shroff '21 and Co-Captain Carolyn King '20 set PRs for this season while Kate McCann '22 and Carina Li '22 also had a solid day. The girls had a successful outing, earning third-place overall amongst the 16 teams competing in the meet.

At PDS, the rest of the girls, led by Rina Takaoka '20, beat PDS 24-35 on a difficult course. Takaoka ran a season-best time of 22:15 and placed second in the race. She was

followed by Co-Captain Alannah Nathan '20 who finished third and Alexis Gonzalez '22 and Jane Huang '20, who placed 5th and 6th respectively. They were followed by Reese Abromavage '23 and Ashley Wang '23, while Angela Dong '20 rounded out the team's scorers. Assistant Coach Enithie Hunter noted the girls' significant achievements, including that of the seven girls who competed in the race, six of them set PRs. Defeating PDS marked the Girls Varsity Cross Country Team's second dual-meet win of the season so far.

Overall, Big Red Cross Country had a strong day, with some outstanding individual finishes and a couple of two big dual-meet victories. Both teams will head to Holmdel, NJ next Saturday to compete at the New Balance Shore Coaches Invitational where the boys look to match their first-place finish from last year.

## Does Antonio Brown Still Have a Place in the NFL?

JACK HALLINAN '21 & EDAN BLECHER '21

Antonio Brown has been in the national spotlight ever since he entered the National Football League (NFL) in 2010, making highlight-worthy catches and unbelievable plays week in and week out. This past summer, however, Antonio Brown has been at the forefront of the sports world for his problematic off-field behavior. Brown requested a trade from the Pittsburgh Steelers and ended up at the Oakland Raiders. What began as an incredible opportunity for both parties took a turn for the worse, as Brown's training camp was filled with fiascos involving a frostbite injury and protest over his preferred helmet being banned in which he threatened to retire if he did not get his way. Amid the turmoil with the Raiders' front office, Brown posted a photograph on Instagram of the fines that the Raiders had given him due to missing mandatory team events. After losing the guaranteed money in his deal because of his "conduct detrimental to the team," Brown then asked the Raiders to release him, which they did, allowing the New England Patriots to sign him. Just as Brown's prospects looked bright with the NFL's premier organization, Britney Taylor, Brown's former trainer, filed a civil suit accusing Brown of three incidents of sexual assault or rape in 2017 and 2018. After images surfaced of Brown's



Courtesy of NFL.com

text messages to the accuser, he was released from the Patriots after only one and a half weeks. Brown tweeted that he "will not be playing in the NFL anymore" and now has re-enrolled at Central Michigan University. Despite his evident talent and speculation of a potential return, Antonio Brown's erratic behavior off the gridiron, which caused his recent releases from the Raiders and Patriots, will continue to deter potential suitors, thus ending what was once an illustrious career.

Simply put, no NFL franchise can reasonably trust Antonio Brown after his behavior over the summer and during training camp. After the Raiders fined Brown multiple times for absences and "conduct detrimental to the team," ESPN reported that Brown made "an

emotional apology" to the team, only to post a Youtube video containing a personal phone call with Jon Gruden later the same day. If a franchise cannot trust its star player to withhold the contents of a private conversation, then he simply cannot be worth the investment that a franchise makes in him if they were to sign him. If Brown showed no remorse after multiple fines, there is nothing to suggest that he can contribute meaningfully to the team off the field in the future. In addition, the sexual assault allegations which recently surfaced are another massive red-flag when considering if Brown should be signed to a team. Allegations from Brown's former trainer, combined with the threatening texts he sent her in response, would likely suspend him

if he were to be picked up. In addition, teams in today's league are increasingly unlikely to pick up morally suspect players due to increased scrutiny from the fans and the league office.

Although Brown's off-field behavior is certainly undesirable, one could argue that his immense talent outweighs the risks associated with him. After being drafted in the sixth round, Brown quickly rose to the spotlight as he broke out with over 1100 receiving yards in just his second year. Brown became the number one option receiving option for Pittsburgh. Until this summer, Brown never looked back as he surpassed over 1000 receiving yards every year while accumulating 75 career touchdowns (TDs). In 2014 he had a career year and gained over 1700 yards. Even after the

emergence of rising-star Juju Smith-Schuster, Brown still caught a career-high 15 TDs last year. With that being said, his dangerous speed, combined with the footwork that earned him the nickname "Tony Toe-Tap," and his All-Pro production could merit him consideration from numerous NFL teams in need of an offensive spark.

Considering that even the Patriots, a team well-known for rehabilitating troubled players' careers, released Brown, his future in the NFL must truly be dire. The Patriots have provided players such as Randy Moss, Josh Gordon, Wes Welker, and Danny Woodhead a second life in the league. With the Patriots, these athletes learned to manage their egos and make the most of their respective talents. If the Patriots considered Brown too problematic to work with, teams with a lesser track record of turning around players will surely deem Brown untouchable. Brown himself has stated that he does not plan on playing in the NFL again and has removed himself from consideration by re-enrolling at Central Michigan, at least for the time being. Following all of the havoc Brown wreaked on two of the NFL's proudest franchises during the beginning of the NFL's 100th season, his career is now effectively over, as all of the red-flags surrounding him and his character will continue to outweigh his talent in every NFL team's mind.

## House Presidents

	Ooby Udomrithiruj Woodhull	Houston Kilby Carter	Mitchell Tung Griswold	Pashmina Khan McClellan	Andrew Lau Cleve	Noelle Rustico
Describe your house in three words	Men of wood	Most definitely exists	Griswold go bald	Not a pineapple	Three-peat actually happened	Leggings aren't pants
How did you become President?	Just had to do it to em	Bribed them with grilled cheese	Honestly dont know	I gave out pa\$h money	By the grace of my lord and savior	Don't worry about it
Favorite House Tradition?	Winning	Claire Rubenstein's piñata	Dome Sim	Uterus birthday song	We don't have them anymore	Kirby Krackdown